

LET'S GET STARTED!

1

Register online on our Gaza Winter Walk 2019 page!

2

Raise a minimum of £100 (Sadaqah and Zakat welcome)

3

Spread the word and get your friends and family to sign up.

4

Complete the walk with hundreds of people across the UK - Ready, Set, Walk!

Brave the cold & walk 5 miles for newborns and children in Gaza.

25 YEARS
MUSLIM HANDS
UNITED FOR THE NEEDS
Muslim Hands

11th
YEAR

GAZAWINTER WALK

COMING TO A CITY NEAR YOU

FUNDRAISING GUIDE



ONLINE:

Donating online is fast, safe and secure. You can donate on the Gaza Winter Walk event page on our website. Funds collected through [JustGiving](#) will be automatically transferred to Muslim Hands, by JustGiving on your behalf.



CHEQUE OR POSTAL ORDER:

You can send your donation via cheque or postal order. Please make them payable to 'Muslim Hands' and send them to our London office. Make a note that the payment is to 'Gaza Winter Walk', processed under your Donor ID.



CASH:

You can also drop cash off to either of our offices in London or Nottingham – give us a call beforehand. See our website for office opening hours. Please do not send cash through the post.



PHONE:

You can deposit the funds raised and donate over the phone using your credit or debit card by calling our donation hotline on [0115 911 7222](tel:0115 911 7222).



BANK TRANSFER:

You can transfer the funds directly into our donations account.

[Natwest Bank](#)
Account Name: Muslim Hands
Sort Code: 60-11-33
Account Number: 22820000

Please reference the donation with your Donor ID and GWW2019. Please also note that receipts cannot usually be issued for donations made via bank transfer.



muslimhands.org.uk | 0115 911 7222



MuslimHands



[muslimhandsuk](#)



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Imagine hearing the cries of your sick baby as you struggle to treat their illness



95% of CHILDREN IN GAZA SHOW DEEP PSYCHOLOGICAL STRESS

NEONATAL INTENSIVE CARE UNITS HAVE BECOME OVERCROWDED

GAZA HIGHER THAN AVERAGE RATES OF NEONATAL & MATERNAL MORTALITY

↑ MATERNAL MALNUTRITION = ↑ PREMATURE BORN BABIES

FUNDRAISING IDEAS

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1. Set up a JustGiving page
by visiting <https://mhuk.ngo/gazawinterwalk> and ask your friends and family to donate.
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2. 10 x £10 challenge
Aim to get 10 friends, family or work colleagues to give you £10 each! Don't forget to ask for your donation closer to pay day!
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3. Skip the treats
Why not give up that daily cup of coffee or chocolate bar and give the proceeds to reach your target?
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4. Post on social media
Utilise your social media platforms and keep your followers updated to keep those donations coming in!
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5. Set up a bake sale
Tickle those taste buds and organise a cupcake sale at work.
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6. Sell your unwanted clutter
Sell any unwanted clothes or household items either at a car boot sale or online.
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7. Embrace your creativity
Get creative and use a skill in return for a fee - e.g.: mehndi, face painting, making cards, bunting etc.
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8. Buckets
Why not bucket in your local supermarket or get council permission to go in your local streets and make sure the children's voices of Gaza are heard.
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9. Involve your local Mosque
Ask your local Masjid if they can make a Jumah announcement for you.
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10. Raise money at home!
With the winter coming, why not organise a delicious warm meal at home and get your loved ones to sponsor you.

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SELECT YOUR FUNDRAISING TARGET...

£100 Can provide 2 glucometer machines to check blood glucose in newborn babies.

£300 Can contribute towards an incubator which protect premature and sick newborns when they are at their most vulnerable. Total cost £13,000 each.

£500 Can contribute to an ultrasound machine which can help parents & doctors understand newborn babies & mothers health along with the addition of supporting other child focused projects. Total cost £23,000 each.